



#GO GREEN - YOUTH NAVIGATOR

PROJECT NR. 2021-1-BE05-KA220-YOU-000028629

IO1 | A1 : BEST PRACTICES OF ENVIRONMENTAL AND SUSTAINABLE LIVING EDUCATION (WEBINAR STYLE)



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Summary

This document is a result of the Good practice's research that the 6 partners of the project #GO GREEN - YOUTH NAVIGATOR did. Each partner needed to find 2 good practices on a local and international level based on ENVIRONMENTAL AND SUSTAINABLE LIVING EDUCATION. These good practices include organizations that are closely working with the subject of the project and they will contribute to a better understanding of how we can use education on building a more sustainable environment. The good practices that were collected in this document will take part in the Webinars and interviews that partners will organize in this project. The main aim is to get inspired and share their knowledge with other stakeholders and organizations. It is important to give a voice to these organizations that are working through a more sustainable way of living.

This document aims to be a valuable resource for youth workers, providing insights into organizations actively engaged in the subject of our project. Youth workers can use this compilation to enhance their knowledge, gain inspiration, and discover effective approaches towards building a more sustainable environment. We encourage youth workers to utilize the information gathered here to organize webinars, interviews, and discussions, wherein the representatives of these good practices can share their expertise and knowledge. By giving a voice to these organizations, we hope to create meaningful collaborations, empower the youth, and collectively work towards a greener, more sustainable world. Let us take this opportunity to ignite change and instil a sense of responsibility for our planet's well-being among the young minds we guide.

Good Practices

CODEC vzw Belgium	
Name of the Good Practice	Boskanter vzw
Area/Orgnisation	global awareness / Green skills/ Agriculture, forestry and fisheries. (Global awareness refers to the consciousness that people are interconnected worldwide, both socially, economically and ecologically)
Description	<p>The aim of Boskanter is to facilitate the transition to a society that is fair and organised in such a way that it is easy or at least possible to live within the limits of the ecosystem. They do this by giving people the opportunity to try something else on our two experiential permaculture farms and then share this experience.</p> <p>The organisation focus on low-tech local solutions because</p> <ul style="list-style-type: none"> - it's too late to wait for the miracle technology that will make the current Western lifestyle possible for everyone - until now, technological advances led to more consumption, rather than a smaller footprint or a fair share - we have to learn to live with limits anyway, so why not start from what there is already <p>Activities are organised in two farms in the 'Vlaamse Ardennen' with:</p> <ul style="list-style-type: none"> - soil-building production gardens - diverse wildland with opportunities to harvest natural resources for crafts and raw materials for the gardens - the place for people to lodge and organise activities - a website to spread information

	<ul style="list-style-type: none"> - use of natural construction methods - workplaces for crafts
Link	https://boskanter.be/en/
Video:	 <p>Watch video</p>

CODEC vzw Belgium	
Name of the Good Practice	Eco-village Moldova
Area/Orgnisation	Moldova - Eco Education
Description	<p>Eco-Village Moldova is founded on the ideas of building resilient communities: co-housing lifestyle, permaculture principles, eco-construction, and training sessions.</p> <p>At Eco-Village Moldova, we are a community of like-minded people who live and work at the same place. Through permaculture principles, we promote sustainable and organic agricultural practices in a Moldovan context. Advocating for eco-construction through the use of energy-efficient and environmentally sustainable resources and practices is yet another focus of ours here at Eco-Village Moldova. Lastly, we also provide training sessions on a variety of topics — from all of the</p>

	<p>aforementioned topics to cooking, solar fruit drying, recycling/upcycling, and many more — at our Eco-Training Center.</p> <p>Sometimes when we're busy worrying about what we can do to help the environment, we might forget that it is also important to take care of ourselves. At Eco-Village Moldova, we value having a healthy lifestyle and share that value through organic agricultural practices, having a healthy diet, exercise, and a lot more!</p> <p>Maintaining a minimal environmental impact is an important part of our mission. Making sure that the natural surroundings are still around, and intact, in the future is a large motivator for us.</p> <p>We strongly believe that nothing that we do could have been done without the involvement of our community. People can be a great resource, but most importantly, they're great company. Every meal served at Eco-Village Moldova is completely vegetarian. Although not every guest that arrives practices this lifestyle, meat is not served here.</p> <p>Nearly all of the produce we use for our meals are made and grown here. If we don't make it ourselves, we work alongside our local community to bring in locally-sourced produce and materials.</p> <p>In addition to bringing in local members of the community into our Eco-Village team, we frequently involve locals in our projects and sessions.</p>
Link	http://eco-village.md/en/

	https://www.facebook.com/EcoVillageMoldova
Video:	 Watch video

PlanBe Plan it Be it Cyprus	
Name of the Good Practice	Zero Food waste Cyprus
Area/Orgnisation	Zero Food Waste Cyprus is an initiative of young volunteers aimed at reducing food waste by collecting “waste food” from local markets and re-distributing it to anyone in need.
Description	<ul style="list-style-type: none"> ● Zero Hunger. ● Circular Economy, re-use, reduce and recycle products. ● Sustainability at the heart of our operations. ● Equity at all levels, including gender, race and inter-generational. <p>By attending local fruit and vegetable markets across Cyprus, we collect food that would have been thrown away and we then donate it to anyone in need.</p> <p>Through hosting events we aim to raise awareness about eliminating food waste and how this supports the cyclical</p>

	economy.
Link	https://zfwcy.org/
Video:	 Watch Video

PlanBe Plan it Be it Cyprus	
Name of the Good Practice	Save your Hood Cyprus
Area/Orgnisation	educational programs in schools environmental training Beach Cleanups Neighborhood clean up
Description	<p>Save Your Hood is an initiative that came from young people who wanted to make a change in their lives. They started cleaning their neighbourhoods as a group of friends and then they expanded their network to other neighbourhoods, municipalities, and cities. This initiative is free to join by anyone, it attracts people from a very young age as they want to create a culture of sustainable living on the island without creating more waste that can negatively affect the island and to a larger extent the earth. Starting on a local level they managed to enter the educational system and with different actions, they visit schools to educate youngsters on environmental problems and solutions.</p>
Link	https://www.facebook.com/groups/saveyourhoodcyprus/about

Video:	
	Watch Video

Jumpln Hub Portugal	
Name of the Good Practice	Program Eco-Schools
Area/Orgnisation	Ecology
Description	<p>Eco-Escolas is an international program of the “Foundation for Environmental Education”, developed in Portugal in 1996 by ABAE. It intends to encourage actions and recognize the quality work developed by the school, within the scope of Environmental Education for Sustainability.</p> <p>The program is coordinated at international, national, regional and school levels. This multilevel coordination allows for the convergence of objectives, methodologies and common criteria that respect the specificity of each school in relation to its students and the characteristics of the surrounding environment.</p> <p>In addition to the support of the people and Institutions of the National Commission, Eco-Escolas also has the partnership of several municipalities and specific support from patrons for some of its activities. It also provides methodology, training, teaching materials, support and a framework for the work developed by the school.</p> <p>It is currently being developed in 67 countries, more than 51,000 schools and involving more than 19 million students. In Portugal, more than 1,500 schools and 650,000 students participate in 230 municipalities.</p>

It aims to encourage actions, recognize and reward the work developed by the school in improving its environmental performance, managing the school space and raising community awareness. The annual monitoring and evaluation of activities aims to validate the quality of the work developed by the school, through the symbolic attribution of an Eco-Schools green flag.


Its methodology, inspired by the principles of the local Agenda 21, aims to guarantee the participation of children and young people in decision-making, promote responsible citizenship and contribute to a more sustainable school and community.

Its general objectives are:


1. Increase knowledge (Awareness, Dissemination, Information in Environmental Education/EDS).
2. Integrate Environmental Education / EDS into formal, non-formal and informal education
3. Contribute to the achievement of the Sustainable Development Goals (2030-UN Agenda)
4. Contribute to progress on the scale of environmental literacy through the use of participatory methodologies for exercising citizenship
5. Improve the school's environmental management; raise awareness and involve the community
6. Involve the entire school community with an emphasis on students
7. Guide to Action (Change of attitude and behavior, commitment, participation and involvement, Citizenship and Governance).
8. Approach "in a positive way" good sustainability practices (example, constructive pedagogy)

Its main specific objectives are:

1. Work on the environmental management of the school space through the implementation of actions to effectively improve resource management;
2. (In)form and involve participants by applying the Eco-Schools methodology - 7 steps;
3. Produce valuable citizenship exercises leading to a proactive attitude in the school and surrounding community.
4. Work annually on various topics, some of which are mandatory (water, waste and energy) to which a theme of the year is added

	(forest or sea in 2018/19), and can also integrate all other themes and activities under development at the school in the scope of citizenship and sustainability.
Link	https://ecoescolas.abae.pt/sobre/ https://ecoescolas.abae.pt/wp-content/uploads/sites/3/2018/09/Programa-Eco-Escolas-SINTESE.pdf
Video:	 Watch Video

Jumpln Hub Portugal	
Name of the Good Practice	Give the Forest a Hand
Area/Orgnisation	Social Environmental Responsibility
Description	<p>Give the Forest a Hand is a Social and Environmental Responsibility project by The Navigator Company. Launched for the first time in the International Year of the Forest, which was celebrated in 2011, this project has been growing from year to year, contributing to the environmental education of more and more children and putting them in contact with the wonderful world of the forest.</p> <p>The main objective is to bring the company closer to the children and youth public in the regions where it operates and to the entire</p>

	<p>urban community through recreational-pedagogical actions that we carry out in close connection with the school community. Promoting the need to protect the forest, valuing products of forest origin, where paper is inserted, as well as preserving the environment are the main values that the project seeks to transmit since its creation.</p> <p>The importance and quality of this initiative have already been recognized by the Portuguese Association of Corporate Communication (APCE), which distinguished it as the Best Social Responsibility Communication Campaign in previous editions.</p> <p>In short, our role is clear and sustainable: to guarantee the future of the forest for today's generations.</p>
Link	https://www.daamaofloresta.pt/pt/ola
Video:	 <p>Watch Video</p>

Smart IDEA Slovenia	
Name of the Good Practice	HERE AND NOW! Think globaly, act localy
Area/Orgnisation	Climate change

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Description	<p>There is a great need in our local / regional environment to address the issues of climate change and related migration, sustainability and global injustice. Despite the urgency of the problem, which we will all feel on our skin, we do not talk about it and so far was addressed.</p> <p>The challenge of climate change is unimaginable and remote for most people, so we want to show how we feel about this change today and what each of us can do to contribute to improvement. The aim of the project is to raise the level of awareness of these topics in our environment and the role of each individual in achieving a better and more sustainable future for young people and our local communities. We are presenting examples of good practices that are already working in the world.</p> <p>The aim of the project is to connect the local level with global challenges and to raise awareness of young people and the general public to improve life in our communities.</p>
Link	https://aspira.si/en/here-and-now-think-globaly-act-localy/
Video:	<div style="text-align: center;">  </div> <p>Watch Video</p>

Smart IDEA Slovenia	
Name of the Good Practice	Ekologi brez meja
Area/Orgnisation	Zero waste
Description	Ecologists Without Borders is committed to a world without waste, which it seeks to achieve by raising awareness, mobilising and, above all, connecting individuals, decision-makers and

	organisations. Their mission is to identify new issues and provide data to influence changes in policies and habits. They are opinion leaders in the field of waste, focusing their efforts on waste prevention.
Link	https://ebm.si/o-nas
Video:	 Watch Video

Systema & G Greece	
Name of the Good Practice	Annual Festival – Sharing Plants
Area/Organisation	Sporites Rodopi
Description	"Sporites Rodopi" we are a group of people who live and work in Rodopi. In 2009 the group was created by volunteers. The main purpose of our team is the rescue, preservation and free dissemination of traditional seeds from unprocessed varieties of open fertilization. Our goal is also the rebirth of our common heritage and the preservation of our plant biodiversity. We aim to help our local community to know these seeds, learn how to produce their own seedlings, grow them in their garden and most importantly KEEP THEIR OWN SEEDS FOR THE NEXT YEAR

The members of the team

Our team are all volunteers and come from all work and social backgrounds and from all ages. At our main event, we have volunteers from school students who come with their parents to help.

3- Actions of the team


The main action of our team is the big open event celebration in April, where we distribute the seedlings to the local community. The event is held in collaboration with the Municipality of Komotini, but also the schools of all levels of Rodopi. Through our team on Facebook, we exchange seeds with growers from all over Greece, while seeds are distributed at each of our events.

We also organize informative meetings with speeches, and presentations by agronomists, growers, and activists but also seminars on permaculture and natural cultivation.

In collaboration with KYGEO (Socially Supported Agriculture), we organized a series of seminars which resulted in a KYGEO in our city which distributes tasty and healthy vegetables to its members every week.

4- The future

In the future plans of our team is the creation of a seed bank in a separate space. Seeds from all over Greece will be hosted there and it will function as a place for packaging and storage for a short period of time and distribution to growers.

	We are the "Spores of Rodopi" and we are here to share with the whole world
Link	https://www.facebook.com/groups/2431347693625873
Video:	 Watch Video

Systema & G Greece	
Name of the Good Practice	SITO
Area/Orgnisation	Biodiversity, sustainability
Description	<p>What is our action?</p> <p>Biodiversity is at the heart of what SITO Seed Network does. It is an umbrella organisation in Greece, fostering connection and exchange of knowledge among groups and individuals working with traditional seed varieties (farmer's varieties). It aims at the regeneration of common seed heritage, promoting the value of traditional seed varieties, cultivating and distributing seeds for free and also documenting and sharing traditional seed-keeping knowledge and practices.</p> <p>The network's webpage hosts the first online seed database in Greece (over 100 [1] accessions so far), with information based on</p>

the experience and personal insight of the farmers and gardeners who participate in the network.

The members of the network are focused on filling the knowledge gaps on maintaining, producing and ensuring the quality of traditional seed varieties, as well as informing the public and authorities about their importance for health and nutrition, food sovereignty as well as the environment.

Their effort addresses both amateur gardeners and professional farmers who trust the potential of traditional varieties and want to enrich diversity on their farms.

Most members of the network have a long experience in building school gardens in their areas.

Also, part of the networks' actions is to keep up with the European seed marketing legislative reform, as well as the initiatives "No patents on seeds", "New gmos[2]" and actions that support free circulation of traditional variety seeds, joining common campaigns with European partners and raising awareness at all levels (people and administration).

The word "Sito" derives from the ancient word for "wheat" (Sitos) and is one of the names attributed to the Greek goddess of agriculture, Dimitra.

Who is doing it?

SITO was founded by 12 people who share a common passion for traditional seeds and had collaborated frequently for decades in

seed initiatives, meeting each other in national and international seed festivals held by the “Peliti community”.

Most of them are experienced gardeners, activists, and members of local seed-saver groups all over Greece, in rural or urban areas, even in Athens, the capital of Greece. All members are volunteers.

The network’s “cornerstone” member is the Holy Monastery of St John the Baptist[1], located on the breathtaking southern slopes of Mt Kissavos at an altitude of 1080 m, surrounded by an ancient oak tree forest. The Community has a 30-year experience in seed saving in its gardens, to pursue nutritional self-sufficiency while supporting people from all over the world by offering seeds.


Some local groups of the network have long-lasting collaborations with educational institutions, assisting students of all ages in making school vegetable gardens.

Where does the action take place?

The initiative started during the COVID-19 pandemic, so most of the members’ meetings and events so far take place online.

Still, school gardens are built with the physical presence of the members and seed distribution and exchange events are organized locally.

The common meeting place where all network members plan to gather from all over the country and organize seed exchanges is the Holy Monastery of St John the Baptist, in central Greece.

	<p>The official presentation of the network is planned for February 2022 in an online event.</p> <p>SITO seeds network is part of:</p> <ul style="list-style-type: none"> • the Balkan Cooperation Network on Conservation and Sustainable Use of Plant Genetic Resources (Balkan PGR Network- Balkan Seed Network), an initiative that aims to foster collaboration on the conservation and sustainable use of Plant Genetic Resources in the Balkan region and southeastern European Countries. • the Global Bean Project[3], which aims at connecting people, civil society, enterprises, science, education and public institutions to promote and expand the use and cultivation of legumes.
Link	https://sito.gr/
Video:	<div style="text-align: center;">  </div> <p>Watch Video</p>

Associazione INCO Italy	
Name of the Good Practice	L'EcoVigilessa Vanessa

Area/Orgnisation	<p>CULTURAL ASSOCIATION H₂O⁺</p> <p>h2o+ is an Association created in 2010 by a team of active young people and is strongly dedicated to its mission of supporting the creativity and critical thinking of people from various age groups. Through its projects, h2o+ promotes awareness towards important issues such as environmental sustainability, natural resources, renewable energy, energy use, waste management and sustainable transportation.</p>
Description	<p>L'ECOVIGILESSA VANESSA</p> <p>Age: 6 - 11 years old (Primary school)</p> <p>Duration: three meetings of an hour and a half in class and a family activities</p> <p>Number of students/participants: a classroom (20-25 children per classroom)</p> <p>Materials: PowerPoint to present the topic of waste, different waste and recycling bins ("learning by doing") and a "vice versa ticket" per child</p> <p>Objective: the objective is to raise awareness in elementary school students and their families on environmental good practices towards the environment, through an educational program.</p> <ul style="list-style-type: none"> · Challenge: make a community more environmentally aware and sustainable · Solution: start with educating elementary school kids and reach out to their parents and relatives through a cascade effect

· Result: through games and competition, kids pick up really early how to behave in a sustainable way. This quickly spreads to the community.

Activities: through two competitions and interactive lessons, each student has the possibility to become an agent of the environmental police and win sustainable prizes. Each ECOVIGILE has the task to monitor the behaviour of adults around him/her and give "vice versa tickets" (which are actual awards) every time an adult does something good for the environment. The main character of the campaign is ECOVIGILESSA VANESSA, an actress that carries out the activities in the schools together with environmental educators.

Preparation for activities: the project requires a good knowledge of separation collection systems and in general on the issue of environmental sustainability. The PowerPoint and the activities must be calibrated according to the place and age of the students.

Feedback: this project contributes to the energy transition by educating the young adults of the future to sustainable behaviour, reaching out through the kids and the teachers to the families and the whole community.

Where: the project is taking place in a province of Italy (Trento). The project has demonstrated to be very successful in the five years it has been running, involving more than 5000 elementary school students and 500 teachers, plus two Public Authorities. The concept could be easily exported to other states.

Key messages:

- Education is key when aiming at building a sustainable society;
- Students will be the leaders of the future and should grow up with a green conscience;
- A community needs to work together in order to become more sustainable;

	<ul style="list-style-type: none"> · Integrating important messages with games and competition makes the whole project much more interesting for kids!
Link	http://h2opiu.org/news/item/82-ecovigilessa-vanessa-2016.html
Video:	 <p>Watch Video</p>

Associazione INCO Italy	
Name of the Good Practice	C.R.E.E.P (Creative Recycling - Eco Education Program) and Earth Week festival
Area/Orgnisation	<p>Fundacja Laja objectives are:</p> <ul style="list-style-type: none"> - Educational activities in the field of culture for children, youth and adults. - Support the artistic activities and provide necessary conditions for their development. - Promoting the idea of pro-social activities, volunteerism and education in these fields. - Support for Polish-Czech as well as international cooperation in sharing European and world culture. - Supporting the activities of non-governmental organisations that help the local community. - Supporting the development of democracy and civil society by promoting citizens' participation in the life of the local community and creating pro-social attitudes, in particular focusing on activities overcoming social exclusion and pathologies. - Preventing the ignorance of social problems based on stereotypes and prejudices. <p>Our main activities are:</p> <ul style="list-style-type: none"> - educational events - lectures, workshops in the field of ecology - cultural events, the biggest of which is a multicultural festival

	<p>"Svatek caje" - thematic exhibitions connected to the tea culture and multicultural topics, concerts and meetings, intercultural evenings, right next to the The Earth Day – festival focusing on environmental topics – lectures, workshops, educational activities</p> <p>Fundacja Laja has been a partner in multiple projects (including Youth Exchanges, Youth Initiatives and trainings) connected to various topics, mainly active citizenship, ecological topics</p> <p>as a result of Youth initiatives project we have created an English library counting 340 books, we have also published two different publications on environmental topics – Guide to Creative Recycling Eco Educational Programme, The Earth Times and cooperated on creation of e-learning course focusing of Social Business of Young people connected to Waste, we have been cooperating with many other local organisations and international organisations, we have been cooperating with many other local organisations and international organisations</p>
Description	<p>Through the educational project called Creative Recycling Eco Educational Programme there was created a guide for youth workers and teachers on how to lead children and youth to creative recycling.</p> <p>The guide puts together 35 creative recycling activities that could be implemented in schools with children and youth. The activities proposed to use different materials and have the purpose of raising awareness among youth on the importance of our everyday life choices.</p> <p>Every year during the Earth Day Fundacja Laja organizes an Earth week where are create events around ecological activities and workshops for children and adults. They created The Earth Times magazine focusing on positive environmental news from all over the world gathering examples of good practice from different countries.</p>
Link	<p>https://creepvisegrad.wordpress.com/the-guide-books/</p>

	<p>https://laja.pl/</p> <p>https://theearthweek.wordpress.com/</p>
Video:	 <p>Watch Video</p>